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The European Society of Cardiology (ESC) Congress is the largest cardiology conference that is the focal point of the discovery and dissemination of best practices in cardiovascular medicine. After the long COVID 19 pandemic, this meeting finally opened its door again for an onsite meeting that was held on 26th to 29th August 2022 in Barcelona, Spain. With a generous support from the Biomed sGraduate School, I had a wonderful chance to experience for the first time this prestigious congress.



The size of this conference was enormous that provided plenty of parallel talks by experts giving out updates in the field of cardiology both in basic research and in the clinics. Besides, poster sessions also took place covering in total 3090 abstracts. The poster presentation itself was categorized based on the topic of the study and presented on 10 different platforms. Thus, I had the chance to attend various talks while also at the same time updated myself to the ongoing study in the cardiovascular field worldwide. Importantly, I also had a chance to present our project regarding arterial thrombosis in Hutchinson Gilford Progeria Syndrome in this meeting. It was really an honor to present my work there, and to discuss and receive valuable feedbacks on our study with other attendees.

Overall, attending this conference was a remarkable experience as I obtained the most recent innovative scientific updates and got in touch with world-leading experts in the cardiovascular field. Moreover, it was an honor to represent University of Zurich and the Life Science Zurich Graduate School at this Cardiology biggest meeting. Therefore, once again, I would like to express my gratitude to the Biomed Graduate school for awarding me a travel grant that allowed me to attend ESC Congress 2022.