

## European Workshop for Rheumatology Research (EWRR)

16-18 April 2026, Lübeck, Germany

Attending the EWRR 2026 conference in Lübeck was a highly valuable experience made possible through the BioMed Travel Grant. The meeting provided an excellent platform to engage with current developments in rheumatoid arthritis (RA) research, particularly in the field of basic science. I had the opportunity to present my work “*Proximal Kynurenine Pathway Activation and 3-Hydroxyanthranilic Acid- Mediated Antioxidant Response in Rheumatoid Arthritis*” during a poster tour, which enabled direct interaction with other researchers and led to constructive discussions and valuable feedback.

A central highlight for me was the session on cellular metabolism, as well as the poster sessions. The metabolism-focused talks offered new insights into how metabolic pathways shape immune cell function and inflammatory processes, which is highly relevant to my research interests. In addition, I participated actively in one of the poster tours, where presenting my work allowed for in-depth discussions and new perspectives.

Beyond my immediate research focus, the conference emphasized the importance of multidisciplinary approaches in understanding RA. Sessions on fibroblasts, particularly in co-culture systems, as well as on B cells, autoantibodies, and various omics techniques highlighted the complexity of the research fields in RA. While these topics were somewhat outside my main area, they provided valuable context and demonstrated how different research angles contribute to a more comprehensive picture of RA pathogenesis.

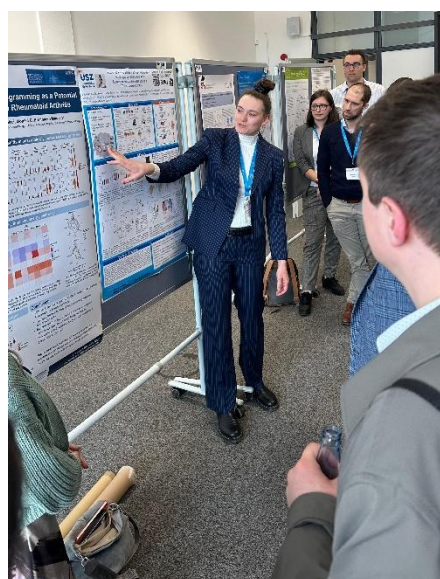
I am truly grateful to the BioMed LSGSZ for supporting my participation in EWRR 2026. This opportunity offered valuable scientific insights, meaningful networking experiences, and contributed significantly to my personal and professional development throughout my PhD journey.

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Lübeck City



Poster Tour on Cellular Metabolism